

NSCC/NLCC Summer Training

North Florida Contingent, Branford, Florida



15 April 2013

Welcome aboard!

Thank you for choosing the North Florida Contingent for your training this summer! All information regarding the training is located on our website which will be updated as needed before the training and daily with photos and other information after training begins.

<http://www.libertyseacadets.org/training/2013/>

Most of our adult staff has been working together for many years in our prior Melbourne location. We are very excited to have the opportunity to work with cadets again this year in a new location!

Begin your preparation now for an outstanding training experience!

1. Increase your fitness training. Do your sit-ups, push-ups, and running every day.
2. Drink more water. Avoid soft drinks and other sweet beverages.
3. RT cadets should learn the material in the Study Guide posted on our website.
4. Read the seabag list carefully and bring everything on it. Several of the trainings have extra items that will need to be purchased. Please don't wait till the last minute to pull your seabag together!

Flight arrangements: Cadets should call the COTC BEFORE making any flight arrangements. Read below for more info.

Completing your registration for training by sending the following to the COTC:

1. Guidelines for Training -- to be signed by the cadet and his/her parents. We hold our cadets to high standards and we want you to be aware of those standards before you come. Print this from the link on the website, sign it, and mail this to the COTC at the address below.
2. Fill out the NSCC Medical History form (NSCADM 020), also linked from the website. Please mail a copy of this to the COTC and keep the original in the cadet's service record.

Mail the above items to: LT Martha Robinson, P.O. Box 3311, Lake City, FL 32056. Please do this immediately so that your registration will be confirmed.

THIS IS NOT A MEDICALLY FRIENDLY TRAINING. Cadets may not be using any medications or have any disqualifying conditions such as asthma. A recently updated

(after 1 Feb 2013) Medical History form (NSADM 020) form must be in the cadet's service record.

Grooming Standards:

Males must have haircuts that meet grooming standards. All cadets will be inspected upon arrival and those who do not have proper haircuts have their heads shaved by our staff -- not trained barbers. We recommend getting a "buzz cut" before you come. Females must also meet all grooming standards. If you are not sure what this means, please ask your local unit petty officers for assistance.

Disciplinary Procedures:

Cadets are expected to maintain personal control and composure at all times. We expect professional behavior. Rules and regulations are stated in the *Guidelines for Training* form that each cadet and parent must sign and return (as mentioned above.) Cadets who do not respond to correction will call parents/guardians to arrange immediate transportation home. Cadets may be dismissed at any time up to graduation morning for behavioral issues, and there will be no refund of funds. Expenses for early travel home are the responsibility of the parents.

Communication With Cadets:

Cadets may not phone home during training. However, they may write letters if they bring envelopes, paper, and stamps. We encourage parents to send one encouraging email per day to the RT and Basic Orientation cadets. These will be screened and discouraging emails will not be distributed. It is very important to build the cadets up during the challenge of their first training!

Cadets at advanced trainings may also receive emails, but we do ask you keep those to a minimum. With almost 200 cadets at this training, we will have a challenge printing and distributing emails. Thank you.

Photographs:

We will be taking photographs throughout the training. Please join our Facebook group to see those photos. It is linked from the website.

RT Cadets:

Please make sure to print the *RT Crucial Knowledge* document linked from our website. You need to study this so you are academically prepared for the training. You also need to be sure to PT DAILY to be ready for the physical aspect of training.

Travel Arrangements:

Driving:

NSCC cadets (RT, Honor Guard, Culinary, Photojournalism, Field Medicine) should arrive between 1000 and 1200 on Saturday, 3 August. PLEASE EAT BEFORE REPORTING as the first meal will be dinner.

NLCC cadets (Basic Orientation, Land Navigation, Fitness) should arrive between 1000 and 1200 on Monday, 5 August. PLEASE EAT BEFORE REPORTING as the first meal will be dinner.

Directions will be posted on the website.

Flying:

DO NOT BOOK FLIGHTS WITHOUT CONSULTING THE COTC FIRST.

Cadets should fly into Gainesville, FL (airport code GNV). Please contact me directly to discuss your flight options BEFORE you book. Thanks!

GRADUATION:

Graduation is a very special occasion! Please arrive by 1000, Sunday, 11 August. After the ceremony, cadets need to obtain their service records from Admin before departure. We do this in an orderly fashion and ask for your patience!!

The emergency phone number during training is 352-359-6889.

If you have questions, please email me at info@libertyseacadets.org. (Please email rather than call!) Thanks again for choosing this training! We know you'll gain much from it and have a good time!

Respectfully,

LT Martha Robinson, USNSCC
Commanding Officer, Training Contingent
<http://www.libertyseacadets.org/training/2013>
352-359-6889